



# Essex Stragglers Orienteering Society (SOS)



## Newsletter Volume 21 No. 14

### March 2013

Editors: Geraldine Russell and Rachel Barford- [editors@stragglers.info](mailto:editors@stragglers.info)

Club website - <http://stragglers.info>

Editorial - Rachel Barford .....	2
(Husband of the) Chairman's Chat - Colin West.....	2
Captain's Corner - Jenny Collyer.....	3
Orienteering in South Africa.....	4
ESSOL News - Julie Laver.....	5
Junior Awards - Julie Laver .....	7
Fixtures - David Skinner.....	8
SOS Activities 2012 - David Skinner .....	10

## **Editorial - Rachel Barford**

At the recent Committee meeting, it was suggested that the Newsletter become a rolling, on-going, on-line publication. Hopefully, with Andrew Cordle's continued web support, this will become a reality so that members can access the most recent Newsletter articles more regularly.

Thanks to all our contributors for their input this month; don't forget contributions are always welcome.

## **(Husband of the) Chairman's Chat - Colin West**

It is the last month for Lyn's term as Chairman of British Orienteering, and I thought it was worth a brief review to mark this service to the greater orienteering world by a Straggler.

Lyn joined BOF Council in 2003, and worked with colleagues to reform the governance of the Federation which led to the creation of a Board in 2006 - so Council members became Directors of British Orienteering, and the Chairman was then elected by the Board not directly by members in general meeting. This change to a Board structure was ahead of its time, and is now promoted as best practice by government funding bodies for all sports. Lyn became the second Chairman of the Board in 2010. She has to step down from the Board by rotation this next AGM and is not eligible for re-election having served the maximum number of terms.

Lyn has overseen and steered substantial further structural and governance changes in addition to the development of the Board. Economic times were hard, and it is always more difficult to manage a reduction in budget and the corresponding reduction in activity - and the reduction in number of employees - than when times are financially easier. Many hard decisions - which were taken by the Board, implemented by the staff - often attracted personal criticism for Lyn in the printed and on-line media.

Some of the elements of British Orienteering were not delivering optimally for orienteers, some were not looking to develop and safeguard the future of the sport. As the old cliché says: if you want things to continue like this, something's got to change! Again, change is never popular, and needs leadership - which I have seen Lyn give to the organisation. She leaves British Orienteering in a different place from ten years' ago - some history is needed to give perspective to the achievements of that decade of work, but it could be anticipated that the vision, inspiration and effort invested in her roles will bear fruit for the sport into future years. The award by Sport England of £2.4m to help fund the orienteering Whole Sport plan (announced in December) is the next stage to grow our sport.

On a very happy note, Lyn led the successful bid to bring the World Orienteering Championships to the UK in 2015. As a family, we were present when Yvette Hague (now Baker) won her Gold medal at Highland99 in Scotland - we intend to be in Inverness for Highland2015, competing and cheering on the Brits going for Gold at WOC.

What next for Lyn? Who knows - new challenges are always exciting, but participation in orienteering competition will continue, and Stragglers will get more time from Lyn as a volunteer.

## Captain's Corner - Jenny Collyer

Congratulations to all who travelled to Headley Heath for the Compass Sport Trophy Qualifying Round. We did really well and won the Trophy Competition against seven other clubs. The results are on the SLOW web page. Everyone with 88 and over points were scorers (the three with 88 points can argue over which one of them counted!) and we won by 12 points over Mole Valley. This means we have qualified for the Final which takes place in the Forest of Dean on the **20th October. Write this date in your diaries now.**

I have entered 10 teams in the **JK Relays** at Easter. You will see below the order I have entered you in. In all teams except the mini relay the middle leg is shorter. Let me know if you want any changes made to this order. If you have just decided you would like a run in a JK Relay team I have until the 10th March to do a late entry (this will cost a little more at £11/£5). We do have one spare runner at the moment so it would be nice to have two more to make up another team.

The cheapest closing date for entry to the **British Relays** was put back to the 31st March so you still have time to let me know if you would like a run in a relay team. The event is near **Dorking on Sunday 4th May.** (The Individual Championships are the previous day with an Urban race in Dorking on the Monday). So far we have enough interest for 7 or 8 teams so if you would like a run in this event and haven't already told me there is still time to do so. (£8/£3).

### JK RELAYS TEAMS

D	<b>Women's Short</b>	SOS FORDHAM	
Eleanor West		EMIT 484083	
Suzy Robertson			
Nicola Robertson			
E	<b>Senior Men 120+</b>	SOS ROMAN VALLEY	
Colin West	M55	EMIT 406231	
Steve King	M50		
David Sanderson	M50		155
E	<b>Senior Men 120+</b>	SOS WRITTLE	
Clive Tant	M55		
Karen Ezard	W55		
Nina Tant	W21		131
F	<b>Senior Women 120+</b>	SOS CASTLE PARK	
Bridget King	W50		
Sharon Warland	W45		
Julie Laver	W45		140
G	<b>Veteran Men 165+</b>	SOS BADDOW RIDGE	
Peter Warland	M45		
Dave Skinner	M60		
John Williams	M60		165
J	<b>Intermediate Men 48-</b> (Green/Orange/Green)	SOS DANBURY	
Ben Warland	M16		
Josh Partridge	M14		
Jack Rogers	M18		48
K	<b>Intermediate Women 48-</b> (Green/Orange/Green)	SOS CHALKNEY	
Rhiannon Ware	W18		
Lucy Edwards	W14		
Daisy Partridge	W14		46

M	<b>Mini Relay M/W12-</b> (3 X Yellow)	SOS BROAKS	
Jack Edwards	M12		
Chloe Cracknell	W12		
Lucy Warland	W10		
O	<b>Ultra Veterans 210+</b>	SOS HYLANDS	
Lyn West	W55 (65)	EMIT 405030	
Geraldine Russell	W65 (75)		
Jenny Collyer	W65 (75)	EMIT 408609	215
O	<b>Ultra Veterans 210+</b>	SOS HATFIELD	
John Russell	M70		
Jack Isbester	M75		
John Collyer	M65	EMIT 408588	210
	<b>Spare</b>		
Alex Ware	M20		

## Orienteering in South Africa

### Big Five-O 2014 Entries Now Open

The Big 5 O-Week organising committee, together with the South African Orienteering Federation, invite you to South Africa's second international five-day orienteering competition. The 5 events will take place in the country's eastern province of Mpumalanga, with each competition area taking place on a different map. Registration and four of the five days of competition will be centred on Kaapsehoop, an old historical gold mining village famous for its wild horses that sits atop the picturesque Great Escarpment of South Africa, 30km south-west of the city of Nelspruit. The final day of competition, a sprint event, takes place in Nelspruit on Saturday morning, just a short drive from the world famous Kruger National Park, the country of Swaziland and other tourist regions.

The Big Five O events are taking place in Kaapschehoop, Nelspruit and Nelshoogte. There are various categories of accommodation available in and around these areas. For the duration of The Big Five O, it is advisable to overnight in one place, and travel to and from the daily events.

Full details at [www.bigfive-o.co.za](http://www.bigfive-o.co.za).



## ESSOL News - Julie Laver

After five ESSOL events we have the following results. New for this season we have introduced some extra classes to widen the appeal of the league and to better enable participants to judge their own and their schools/groups performance against those of similar age and ability. Check out the website for full details. Let me know if you like the changes or not! You could try to use the [Stragglers Forum](http://stragglers.info) to air your views. The best six individual scores count towards your schools/group league total.

### Y 3/4 Boys

1st	Daniel Hague	Morley Memorial
2nd	Ben Styman-H	St Andrews, Halstead
3rd	Ben Partridge	St Andrews, Halstead

### Y 3/4 Girls

1st	Lucy Warland	Ixworth Primary
2nd	Lucy Walker	St Andrews, Halstead
3rd	Rosy Bird	St Andrews, Halstead

### Y 5/6 Boys

1st	Jack Edwards	St Andrews, Halstead
2nd	Samuel Hague	Morley Memorial
3rd	Joshua Buist	St Andrews, Halstead

### Y 5/6 Girls

1st	Emily Williams	Barnardiston Prep
2nd	Maisie Waller-Toyne	Barnardiston Prep
3rd	Tilly Salmon	Monkwick Jnrs

### Y7/8 Boys

1st	Callum Turner	The Ramsey College
2nd	Matthew Clarke	Barnardiston Prep
3rd	Jasper Waller-Toyne	TLA

### Y7/8 Girls

1st	Daisy Partridge	Hedingham School
2nd	Georgia Gower	The Ramsey College
3rd	Lucy Edwards	The Ramsey College

### Y9/10 Boys

1st	Timmy Harrison	The Perse
2nd	Josh Partridge	Hedingham School
3rd	Ben Warland	Thurston

### Y9/10 Girls

1st	Bronwen Mansel	County Upper
2nd	Stephanie Ware	Philip Morant
3rd	Emma Clarke	The Perse

### Y11/12/13 Boys

1st	Roderick Mansel	County Upper
2nd	Bryn Wilkinson	Copleston High
3rd	Jack Rodgers	Suffolk New College

### Y11/12/13 Girls

1st	Rhiannon Ware	CCHS
2nd	Rachel Harrison	The Perse
=3rd	Genevieve Cook	Farlingaye College
	Jessie Backhouse	Farlingaye College

### Whole Team Trophy

1st	St Andrews, Halstead
2nd	Barnardiston Preparatory School
3rd	The Ramsey College

### Junior (up to Y6) Team results

1st	St Andrews, Halstead
2nd	Barnardiston Preparatory School
3rd	Morley Memorial

### Senior (Y7+) Team results

1st	The Ramsey College
2nd	Barnardiston Preparatory School
3rd	Hedingham School

**Well done to all of the above!**

For full listings please go to ESSOL page on the SOS website <http://stragglers.info/schools>.

If you know any schools which might be interested in the League I would be happy to send further details.

To be included in the league you do not have to enter through your school but please ensure your School and year are included on the registration form when you fill it in.

No shadowing is allowed although junior pairs are. A related adult or supervising person who wishes to run the same course as the competitor must leave at least 10 minutes after competitor has started their run before setting off on their own run for white and yellow courses and at least 15 minutes for other courses.

Competitors having a second run on the day must declare themselves non-competitive for the second course and will not receive points for the second run and neither will any partner who runs with them.

Full details and comprehensive rules are available on the SOS website <http://stragglers.info/schools> but I can deal with any enquiries or corrections. [julie.laver@virgin.net](mailto:julie.laver@virgin.net) or phone 01206 826152.

### **Preliminary ESSOL fixtures for the remainder of this season**

17 Mar 2013	Writtle Forest	SOS
28 Apr 2013	Langdon Hills	HAVOC
19 May 2013	The Naze	SOS

**Please note these are preliminary fixtures and participants are advised to check Club websites before travelling**

<http://stragglers.info>  
<http://www.suffoc.co.uk>  
<http://www.waoc.org.uk>  
<http://www.orienteering-havoc.co.uk>

## **Junior Awards - Julie Laver**

The following SOS Juniors and affiliated schools' pupils have been awarded colour code badges and Explorer Challenge Certificates -

### **Explorer Challenge**

No awards

### **White colour code badge**

Ben Partridge

Lucy Walker

Thomas Martin

Rosy Bird

Maisie Waller-Toyne

### **Yellow colour code badge**

Lucy Warland

Jasper Waller Toyne

Elliot Moore

### **Light Green colour code badge**

Jack Rodgers

Josh Partridge

### **Green colour code badge**

Daisy Partridge

To enter for the Explorer Challenge you need to pick up a log book from enquiries at any SOS event, record the number of controls you visit in your first run (even if you do not complete the course), then for every 25 points you get a certificate is awarded. Participants may be shadowed for this award.

To obtain a colour code badge you must complete three 1st runs at that colour course in par time without shadowing. For the white badge only pairs may be counted if neither partner has earned their colour badge at that level and the course just has to be successfully completed. Open to Adults and Juniors.

To obtain any of these awards please contact Julie Laver [julie.laver@virgin.net](mailto:julie.laver@virgin.net).

## Fixtures - David Skinner

**Fixtures in East Anglia and Nearby Regions - National Events which SOS members regularly attend are also included**

The information provided below normally consists of **Event Date, Club, Region** (eg EA = East Anglia), **Event Grade, Event & Location Names** and **map reference. Organiser's contact details.** Contact details, costs, closing date etc. for **Pre-entry** when provided. Whether **Entry on the Day (EOD)** is possible and the surcharge payable. The range of **courses** offered. The address of a **website** from which additional information can be obtained. Additional information in plain language.

At Essex Stragglers' events registration normally opens at 1000hrs, starts are from 1030hrs until 1230hrs and courses close at 1430hrs, but this may vary.

**SOS Club Nights are generally not included - see SOS website for details.**

### March

- 10th WAOC **Chicksands Wood Colour Coded and Yvette Baker Trophy Heat**, Chicksands Wood, EAOA Shefford, [TL106411](#)  
Level C Entry times: Starts 10:30 - 12:30. Dogs: See event specific web page on WAOC web site nearer the time of the event.  
Organiser: Ian Lawson ,ianh.lawson@ntlworld.com  
[www.waoc.org.uk](#)
- 14th SOS **SOS Mid-week Winter Street Event Springfield**, Chelmsford EAOA Organiser: John Williams , jcw351@hotmail.com , 01245 351583  
Level D [stragglers.info/home/](#)
- 17th SOS **Colour-coded event Writtle Forest incorporating EA League and EA Championships**, EAOA Writtle Forest, Chelmsford  
Level C Organiser: Geraldine Russell , grmrussell@gmail.com , 01206 272761  
[stragglers.info](#)
- 23rd WAOC **Rowney Warren Night Event**, Rowney Warren, Shefford, [TL123403](#)  
EAOA Entry times: 6.45pm - 7.30pm. Dogs: Dogs on lead in car park and must be on lead when  
Level D crossing minor road..  
Organiser: Peter Woods , peter\_woods@ntlworld.com  
[www.waoc.org.uk/n.humphries/waoc/details/2013-01-19-Rowney-Night.php](#)
- 24th NOR **Sth Norfolk Colour Coded Event**, Lynford Forest, Thetford, [TL819940](#)  
EAOA Entry times: 10.00 to 12.00. Dogs: Dogs on Lead Please.  
Level C Organiser: Helen Lloyd  
[www.norfolkoc.co.uk](#)
- 29th SCOA **Jan Kjellstrom Orienteering Festival - Sprint (UKOL5)** style='font-family: Arial'> ,  
Level A Whiteknights Campus, Reading, [SU733719](#)  
Entry times: 12:00 - 16:00. Dogs: On leads at all times.  
Organiser: Luke McNeill  
[www.thejk.org.uk/jk2013/](#)
- 30th SCOA **Jan Kjellstrom Orienteering Festival (First Day of UKOL6)**, Hambleden,  
Level A Henley, [SU772855](#)  
Dogs: On lead at all times, in car park and assembly only.  
Organiser: Jon Wheatcroft  
[www.thejk.org.uk/jk2013/](#)
- 31st SCOA **Jan Kjellstrom Orienteering Festival (UKOL6 uses combined result)**, Cold Ash,  
Level A Newbury, [SU520737](#)



Dogs: On leads at all times, in car park/assembly only.  
Organiser: Liz Yeadon  
[www.thejk.org.uk/jk2013/](http://www.thejk.org.uk/jk2013/)

## April

- 1st SCOA **Jan Kjellstrom Orienteering Festival - Relays**, Hambleden, Henley, [SU772855](http://SU772855)  
Level A Dogs: On leads at all times, only in car park and assembly.  
Organiser: Scott Collier  
[www.thejk.org.uk/jk2013/](http://www.thejk.org.uk/jk2013/)
- 7th SN **SE Middle Distance Championships**, Bagshot, tbc  
SEOA  
Level C
- 14th SMOC **Keyne-O**, OU & Woughton, Milton Keynes  
EAOA [www.smoc.info/](http://www.smoc.info/)  
Level D
- 14th NOR **Nth Norfolk Colour Coded Event**, Pretty Corner, Sheringham, [TG154417](http://TG154417)  
EAOA Entry times: 10.00 to 12.00. Dogs: On Lead.  
Level C Organiser: Derry Kelleher  
[www.norfolkoc.co.uk](http://www.norfolkoc.co.uk)
- 20th LEI **British Sprint Championships (UKOL7)**, Loughborough University,  
EMOA Loughborough, [SK516187](http://SK516187)  
Level A No dogs allowed.  
Organiser: Robert Haskins , bobh@piperdrive.co.uk , 01509 842449  
[www.britishsprintchamps.org.uk/](http://www.britishsprintchamps.org.uk/)
- 21st DVO **British Middle Distance Championships (UKOL8)**, Stanton Moor, Matlock  
EMOA Organiser: Sal Chaffey , sal.chaffey@gmail.com  
Level A [www.britishmiddlechamps.org.uk](http://www.britishmiddlechamps.org.uk)
- 28th HAVOC **HAVOC Langdon Hills EA League, SWELL & ESSOL** style='font-family: Arial'>, Langdon  
EAOA Hills Country Park, Basildon, [TQ680865](http://TQ680865)  
Level C Dogs: Dogs to be kept under control.

## May

- 3rd GO **BOC13 warm up event**, The Chantries, Guildford, [TQ011482](http://TQ011482)  
SEOA Entry times: 11:00 - 16:00. Dogs allowed.  
Level D Organiser: Gary Strowbridge , garystrowbridge@btinternet.com  
[www.britishorienteering.org.uk/site/BOC2013/home](http://www.britishorienteering.org.uk/site/BOC2013/home)
- 4th SEOA **British Orienteering Championships (UKOL9)** style='font-family: Arial'>, Winterfold,  
Level A Guildford  
Organiser: Andy Robinson
- 5th SEOA **British Relay Championships**, tbc, South East  
Level A Organiser: Mike Elliot
- 6th MV **BOC Weekend Urban Race**, Dorking, Dorking, [TQ168503](http://TQ168503)  
SEOA Organiser: Simon Ling , simon@simonling.org.uk  
Level B [www.britishorienteering.org.uk/site/BOC2013/urban](http://www.britishorienteering.org.uk/site/BOC2013/urban)
- 12th NOR **NW Norwich Colour Coded Event**, Houghen Plantation, Norwich  
EAOA Organiser: Alan Bedder  
Level C [www.norfolkoc.co.uk](http://www.norfolkoc.co.uk)

- 19th SOS **SOS Colour Coded Event The Naze incorporating ESSOL**, The Naze, Walton on the  
 EAOA Naze  
 Level D Organiser: David Lumby  
[stragglers.info/home/index.php](http://stragglers.info/home/index.php)
- 26th WRE **Springtime in Shropshire Urban Event (UKOL10)**, Shropshire, Ludlow  
 WMOA [www.wrekinorienteers.co.uk](http://www.wrekinorienteers.co.uk)  
 Level B
- 27th HOC **Springtime in Shropshire (UKOL11)**, Brown Clee Hill, Ludlow, [SO615854](http://SO615854)  
 WMOA Organiser: Lester Evans , 01299 832053  
 Level B [www.harlequins.org.uk](http://www.harlequins.org.uk)

## SOS Activities 2012 - David Skinner

While most of our members regularly enjoy our main programme of orienteering events, perhaps some members are not fully aware of the background Activities that Julie Laver and her club Development Team lay on to progress the development of the sport within our area.

In the 2012 calendar year 87 unique Activities were organised or supported by SOS and the total participation was 1628 people sessions, a substantial step increase on 2010 (914). Examples of the Activities that were facilitated are:

- After-school coaching for St Andrew's and Ramsey Schools, Halstead, instrumental in their success at National level in the British Schools Orienteering Championships and British School Score Championships
- Regular weekly Club Nights at Wivenhoe
- Two 'Come And Try it' events in Castle Park, Colchester
- Two major coaching sessions in Hylands Park attracting some 230 participants
- Coaching at Sible Hedingham, Felsted and Great Totham Schools
- A series of coaching sessions in Notley Country Park
- 6 Chelmsford Activity Night sessions
- An Adult coaching session in Colchester United Football stadium
- Involvement in the Primary Schools Sports Festival - 102 participants
- First use of newly mapped Galleywood Common for a training session.

Julie and her team are congratulated on the exceptional and successful efforts they made in 2012 to ensure the success of the development of orienteering within Essex, a record of achievement which will be difficult to surpass in 2013!